



INTERMEDIATE Diabetes in U.S. rising sharply

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nave diabetes. This is about eight per cent of the population.

Experts say the disease is becoming a silent killer. It is also causing a great strain on America's health service. The only way for America to control the escalating levels of diabetes is through educating people about the dangers of the disease. A CDCP spokeswoman, Karen Kirtland, told the Reuters news agency: "The hope and the message is that if people are kind of changing their lifestyles, doing the things that are good for them, then hopefully we can reverse the trend." Many other studies suggest Americans are not leading healthier lifestyles. A diabetes specialist warned the numbers of new cases would continue to rise sharply because Americans showed no signs changing their eating and exercise habits.

